Scanner data reveals that the JCPI is biased upwards by 0.8 percent per year for their sample of goods.
Comparability between US and Japan (Abe and Tonogi (2007))

Average Percentage Price Decline by Bargain Sale

Frequency of Price Changes
Consider the following

- After 5 straight months of positive year-on-year CPI inflation, the BOJ ended its policy of quantitative easing...
- After four more months of CPI growth of around 0.6 percent per year, the BOJ raised interest rates by 0.25 percent...
- And then MIAC rebased...
There seemed to be consistent inflation when quantitative easing ended.

Japan Core CPI comparison, July 2005 - July 2006

But then MIAC did a very simple base update...
Impact of Rebasing

Japan Core CPI comparison, July 2005 - July 2006

Source: James Harrigan